

Neuse River Senior Games & *Silver Arts*



REGISTRATION PACKET

Athletic Competition

April 19—May 7, 2021

Virtual SilverArts
Competition

April 19-21, 2021

Registration Deadline
(no later than 5:00 p.m.)

Friday, March 12, 2021

Coordinating Agencies

* Craven Co. Recreation & Parks Department *

Duplin Co. Services for the Aged * Eastern Carolina Council Area Agency on Aging * Twin Rivers YMCA
Greene Co. Council on Aging * Havelock Parks & Recreation Department * Jones County Senior Services
Lenoir Co. Council on Aging * New Bern Parks & Recreation Department * Pamlico Co. Senior Services

1821 Old Airport Rd.
New Bern, NC 28562

Neuse River Senior Games & Silver Arts

Phone: (252) 636-6606
Fax: (252) 636-6685

Dear Senior Games Participant:

In 2021, the Neuse River Senior Games & SilverArts (NRS&A) is celebrating its **36th** year promoting health, fun, fitness and friendship for Seniors **50** years old and better.

The Steering Committee has been hard at work to ensure that the 2021 Neuse River Senior Games will be a clean and safe event for all participants. Please take the time to read the enclosed information carefully. **There are changes, new policies, and deadlines that are very important.**

- Due to COVID-19, the following events will not be offered at the 2021 Neuse River Games:
 - Cycling
 - Road Races (5K & 10K)
 - Billiards
 - Racquetball
 - Shuffleboard
 - Table Tennis
 - Badminton

In addition to the events listed above, there will not be an Opening Ceremony or Hospitality Tent in 2021.

Other changes and opportunities that we are excited about are:

- Registration ends on **Friday, March 12th**. Late Registration will NOT be available.
- Pickleball will be held outdoors at West New Bern Recreation Center.
- **Tennis** will be held at Taberna Country Club.
- Those interested in Team Softball, please call 252-636-6606 for information.

If you will be participating in or observing an outdoor event, please bring sunscreen, chairs, etc. to the event for your comfort. We also ask, that all athletes and spectators wear their masks and maintain social distancing at all times. CDC and NCDHSS guidelines will be enforced at the Neuse River Senior Games. For additional registration forms and information, please call your local County representative or visit our web-site: cravencounty.recdesk.com and select *Our Partners*, then *Senior Games*.

On behalf of the Steering committee, I extend best wishes for an enjoyable and safe time at the 2021 Neuse River Senior Games. See you at the Games!

Andrew Kendall

Andrew Kendall, Local Coordinator
Neuse River Senior Games
(252) 636-6606

Registration Information

All Neuse River Senior Games events will be held in New Bern. The following bulleted list will give you an idea of where other events will be taking place.

- Creekside Park (1821 Old Airport Rd., New Bern, NC 28560)
- *Swimming* will be held at the Twin Rivers YMCA (100 YMCA Lane, New Bern, NC 28560).
- *Pickleball* will be held at the West New Bern Recreation Center (1225 Pinetree Dr., New Bern, NC 28562).
- *Golf* will be held at the Emerald Golf Club (5000 Clubhouse Dr., New Bern, NC 28562).
- *Tennis* will be held at Taberna Country Club (401 Taberna Way, New Bern, NC 28562).

Registration Fees

A registration fee of \$12.00 is required from all participants registering by March 12, 2021. Some activities will require extra fees (*this is indicated on the registration form*), which should be submitted in addition to the registration fee. **All fees must accompany the registration/waiver form for the participant to be eligible.** The registration fee includes a Neuse River Senior Games T-shirt.

A limited number of Registration Fee Waivers are available. A waiver is the base \$12.00 fee. To request and be considered for a waiver, please check the line on the first page of the Registration Form.

No registration will be accepted after March 12, 2021 at 5:00pm

ALL FEES ARE NON-REFUNDABLE



Due to the strenuous nature of the athletic events, it is recommended that you consult your physician prior to beginning training for the actual competition.

A participant must be a North Carolina resident for a minimum of 3 consecutive months of the year.

Only persons who are 50 years of age by December 31, 2021 or better and residents of the six sponsoring counties (**Craven, Duplin, Greene, Jones, Lenoir, and Pamlico**) are eligible to participate in the Neuse River Senior Games.

Mail completed form to:

Neuse River Senior Games
1821 Old Airport Road
New Bern, NC 28562

General Information

Participants must complete the official registration form with signature, inclusive of medical information and physicians phone number. The liability waiver must be signed and the "fees" section of the registration form must be completed.

Confirmation: In early April, you will receive a letter confirming your events with times and places listed. If you believe the confirmation is incorrect, please call (252) 636-6606 to verify.

Rules: Rules for all events are available at www.ncseniorgames.org or by contacting Craven County Recreation & Parks, 252-636-6606.

Athletic Awards: In Athletic Events, Gold, Silver, and Bronze medals will be awarded to the top three finishers in each age category, for males and females. Awards will be available to winners and distributed from the Craven County Recreation and Parks offices at 1821 Old Airport Road, New Bern, NC.

Silver Arts Awards: First, second & third place winners in **Visual and Heritage Arts** will be eligible for the NC Senior Games Finals. First & second place winners in the **Literary sub-category** will be eligible for the NC Senior Games Finals. However, North Carolina Senior Games Finals awards first, second, and third place in each sub-category of these arts.

Athletic Events

State Finals Entry Forms: DO NOT MAIL BEFORE MAY 31, 2021! The State Finals entry form must be received in Raleigh at the NC Senior Games Office no later than 11:59 p.m. on August 1, 2021.

Please indicate the events you wish to enter on the registration form. You may enter all the events you wish, but if two events overlap or are scheduled at the same time, it is up to you to meet the games requirements for those events.

Tournament events require you to report at the time listed. Tournament events are indicated with an asterisk (*). **Open** events allow you to report at any time during the time period listed.

Where a time conflict exists between tournament and open events, you must report to the tournament event first and participate *prior* to moving on to the open event. *Failure to do so will cause disqualification.*

Your age as of December 31, 2021 determines the category in which you will be placed for competition. Participants compete against others of their own sex and age as follows:

50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94 95-99 100+



In the event of rain, please call (252) 636-6606 for event updates and information. Wednesday, April 28 and Friday, April 30 will be reserved for rained out days.



36TH Annual Neuse River Senior Games

2021 Official Registration Form
Athletics and Silver Arts

April 19 - May 7, 2021

Name: _____			First-Time Participant? If yes, <input type="checkbox"/>		
First	Middle Initial	Last			
Mailing Address: _____					
Street/Post Office Box		City	State	County	Zip
Home Telephone: (____) _____ - _____			Email Address: _____		
Birth Date: ____/____/____		Gender: M F		Age as of December 31, 2021 _____	
Month	Day	Year			
T-Shirt Size: <i>(circle one)</i> Small Medium Large X-Large XX-Large XXX Large					
<u>Optional Information</u>			<i>I decline to answer the questions below</i> _____		
<u>Ethnicity</u>					
African American _____		Asian _____		American Indian _____	
		Hispanic _____		White _____	
				Other _____	
<u>Income</u>					
Annual household income is less than \$11,770 (1 person in household). Yes _____			No _____		
Annual household income is less than \$15,930 (2 people in household). Yes _____			No _____		
Financial assistance consideration requested? Yes _____			No _____		
<u>Housing</u>					
Are you currently living in a senior living community? Yes _____ No _____ If yes, phone # _____					

Before mailing your registration form.....

- Please be sure all sides of the registration form have been completed
- Complete the Liability Waiver and attach any necessary medical information
- Please sign registration form

FEE SCHEDULE	
Registration Fee (includes t-shirt):	\$ 12
Golf Fees (with cart):	\$25
Extra T-Shirt (\$8.00):	_____
Size	_____
How Many	_____

PAYMENTS		Paid in 2020
Registration Fee	\$ _____	<input type="checkbox"/>
Golf Fee	\$ _____	<input type="checkbox"/>
Extra T-Shirt Fee	\$ _____	<input type="checkbox"/>
Total Enclosed	\$ _____	<input type="checkbox"/>

Make checks payable to: *Neuse River Senior Games, 1821 Old Airport Rd., New Bern, NC 28562*

Athletic Events Schedule

****Registration will end on Friday, March 12****

Mon., April 19	*Pickleball (Mixed Dbles)	TBD	West NB Rec. Center
Tue., April 20	*Pickleball (Singles/Dbles)	TBD	West NB Rec. Center
Wed., April 21	SilverStriders Fun Walk	8:00am	Creekside Park
Wed., April 21	*Bocce (Women)	9:00am-12:00pm	Creekside Park
Wed., April 21	Football Throw	9:00am-12:00pm	Creekside Park
Wed., April 21	*Bocce (Men)	1:00pm-4:00pm	Creekside Park
Wed., April 21	Football Throw	1:00pm-4:00pm	Creekside Park
Thurs., April 22	*Cornhole (Women)	9:00 am-12:00pm	Creekside Park
Thurs., April 22	Softball Throw	9:00am-12:00pm	Creekside Park
Thurs., April 22	*Cornhole (Men)	12:30pm-3:30pm	Creekside Park
Thurs., April 22	Softball Throw	12:30pm-3:30pm	Creekside Park
Thurs., April 22	Croquet	3:00pm	Creekside Park
Fri., April 23	*Horseshoes (Women)	9:00am-12:00pm	West NB Rec. Center
Fri., April 23	Basketball Shooting	9:00am-12:00pm	West NB Rec. Center
Fri., April 23	*Horseshoes (Men)	12:30pm-3:30pm	West NB Rec. Center
Fri., April 23	Basketball Shooting	12:30pm-3:30pm	West NB Rec. Center
Mon., April 26	*Tennis (Mixed Dbles)	TBD	Taberna Country Club
Mon., April 26	*Tennis (Singles/Dbles)	TBD	Taberna Country Club
Thurs., April 29	Swimming	9:00am	Twin Rivers YMCA
Wed., May 5	Golf	10:30am	Emerald Golf Club

*(*Shows tournament events where you must report to the event manager on time or be disqualified!*

*(**) Indicates the event is not a state or national games event*

Silver Arts Events Schedule

****Registration will end on Friday, March 12****

Mon., April 19	Submit Artwork	Silver Arts Exhibitors	ALL DAY	Online
Tues., April 20	Artwork Judged	Silver Arts Judges		
Wed., April 21	Winners Announced	Silver Arts	8:00am	Online

Please submit ALL virtual artwork and literary PDFs to akendall@cravencountync.gov or you may drop them off at 1821 Old Airport Road (Craven County Recreation and Parks offices). There will not be an in person exhibit. All heritage, visual and literary arts will be displayed virtually on the Craven County Recreation and Parks Facebook page as well as the Craven County Recreation and Parks website. This is also where winners will be officially announced and recognized.

Athletic Events

Please mark an X beside the appropriate event category

Monday, April 19, 2021

*Pickleball
 _____Mixed Doubles—Partner:_____

***Individual start times will be announced the week before**

Tuesday, April 20, 2021

*Pickleball
 _____Singles
 _____Doubles—Partner:_____

***Individual start times will be announced the week before**

Wednesday, April 21, 2021

8:00am _____SilverStriders Fun Walk

*9:00 am-12:00pm _____Bocce (women)
 9:00am-12:00pm _____Football Throw

* 1:00 pm-4:00pm _____Bocce (men)
 1:00pm-4:00pm _____Football Throw

***Individual start times will be announced the week before**

Thursday, April 22, 2021

*9:00 am-12:00pm _____Cornhole (women)
 9:00am-12:00pm _____Softball Throw

* 12:30pm-3:30pm _____Cornhole (men)
 12:30pm-3:30pm _____Softball Throw

3:00pm _____Croquet

***Individual start times will be announced the week before**

Friday, April 23, 2021

*9:00am-12:00pm _____Horseshoes (women)
 9:00am-12:00pm _____Basketball Shooting

* 12:30pm-3:30pm _____Horseshoes (men)
 12:30pm-3:30pm _____Basketball Shooting

***Individual start times will be announced the week before**

Monday, April 26, 2021

*Tennis
 _____Singles (enter 2 events only)
 _____Doubles—Partner _____
 _____Mixed—Partner _____

***Individual start times will be announced the week before**

Thursday, April 29, 2021

*9:00 am-Swimming (enter 6 events only)
 _____**25 yard Backstroke
 _____**25 yard Butterfly
 _____**25 yard Freestyle
 _____**25 yard Breaststroke
 _____50 yard Backstroke
 _____50 yard Butterfly
 _____50 yard Freestyle
 _____50 yard Breaststroke
 _____100 yard Backstroke
 _____100 yard Butterfly
 _____100 yard Freestyle
 _____100 yard Breaststroke
 _____100 yard Individual Medley
 _____200 yard Backstroke
 _____200 yard Butterfly
 _____200 yard Freestyle
 _____200 yard Breaststroke
 _____200 yard Individual Medley
 _____400 yard Individual Medley
 _____500 yard Freestyle

Wednesday, May 5, 2021

*** 10:30am _____Golf (\$25 fee)

Date & Time—TBD _____Softball Team

- (*) Indicates a Tournament Event
 You **must** report to the Event Manager at the specified times in order to avoid disqualification! Each Team Sport player must be a registered Neuse River Senior Games participant.
- (**) Indicates that this event is ***NOT*** a State or National Games Event.
- (***)To qualify for State Finals, golfers need to meet a minimum performance score (MPS) and finish in the top 3 in their age group. MPS available from your coordinator.

“To promote total health and physical fitness, events of longer duration and lower intensity are strongly recommended. High intensity types of activities are offered primarily for the conditioned, trained athlete.”

Silver Arts Events

Please mark an X beside the appropriate event category

Only ONE entry is allowed in each sub category. Grouped sets (Visual & Heritage categories) may have NO MORE THAN three items in that set.

Visual Arts (Category)

<u>Sub-category</u>	Title (Required)
<input type="checkbox"/> Oil	_____
<input type="checkbox"/> Acrylic	_____
<input type="checkbox"/> Watercolor	_____
<input type="checkbox"/> Drawing	_____
<input type="checkbox"/> Photography (Indicate Film or Digital)	_____
<input type="checkbox"/> Sculpture	_____
<input type="checkbox"/> Pastels	_____
<input type="checkbox"/> Mixed Media	_____

Heritage Arts (Category)

<u>Sub-category</u>	Title/Design/Pattern/Medium (required)
<input type="checkbox"/> Quilting (Hand Stitch)	_____
<input type="checkbox"/> Quilting (Machine)	_____
<input type="checkbox"/> Weaving	_____
<input type="checkbox"/> **Tatting & Needle Lace	_____
<input type="checkbox"/> Crocheting	_____
<input type="checkbox"/> Knitting	_____
<input type="checkbox"/> Needlework	_____
<input type="checkbox"/> **Hooked Rugs	_____
<input type="checkbox"/> Basket Weaving	_____
<input type="checkbox"/> Pottery (thrown/hand built)	_____
<input type="checkbox"/> Jewelry	_____
<input type="checkbox"/> Tole Painting	_____
<input type="checkbox"/> Stained Glass	_____
<input type="checkbox"/> **China Painting	_____
<input type="checkbox"/> Woodcarving	_____
<input type="checkbox"/> Woodturning	_____
<input type="checkbox"/> Wood Working	_____

Literary Arts (Category)

<u>Sub-category</u>	Title (required) (mail original and 3 copies with form)
<input type="checkbox"/> Poem	_____
<input type="checkbox"/> Short Story (fiction)	_____
<input type="checkbox"/> Essay	_____
<input type="checkbox"/> Life Experience	_____

Performing Arts (Category)

<u>Sub-category</u>	Title/# in Group/ Group Leader and Phone #
<input type="checkbox"/> Dance	_____
<input type="checkbox"/> Vocal	_____
<input type="checkbox"/> Instrumental	_____
<input type="checkbox"/> Comedy/Drama	_____
<input type="checkbox"/> Line Dance	_____

Neuse River Senior Games Liability Waiver

In consideration of being allowed to participate in any way in the 2021 Neuse River Senior Games (NRSRG) Athletic/Silver Arts program, as well as related events and activities, I the undersigned participant agree to:

- Indemnify, save and hold harmless, the Neuse River Senior Games or any of their agents or representatives for my health, safety, or any injury resulting from my participation in the games.
- Have prepared myself for the events which I have entered by practicing prior to the NRSRG. To the best of my knowledge, I have no physical restrictions which would prohibit my participation in the games. NRSRG has my permission to have a physician attend me if it is deemed necessary during my participation.
- Release and hold harmless the NRSRG from any damage to/loss of my art entry. I certify that the art piece(s) I enter are my own work, were created after having reached the age of 50 and within the last two years, and are not manufactured in any sense of the word.
- I grant the NRSRG the free and unrestricted right to use my name and picture in any broadcast, telecast or other written or photographic account of the NRSRG without compensation.
- Follow and abide by all safety regulations regarding COVID-19, including covering mouth and nose with a mask, maintaining social distance of at least six feet, and washing/sanitizing hands frequently.

" I understand that it is my responsibility to check with my Local Senior Games Coordinator immediately following my Local Senior Games to determine if I am qualified for State Finals and to get a State Finals Entry Packet. My State Finals Entry Form must be received in the NC Senior Games office in Raleigh, NC by 11:59 p.m. on August 1, 2021. I understand that this deadline is strictly enforced in fairness to all and it is my responsibility to make sure I am registered."

_____ **Participant Signature**

_____ **Date**

Participant Medical Information

The staff and volunteers of Neuse River Senior Games (NRSRG) are committed to creating a healthy and safe environment for all participants, staff and spectators. We request that every participant consult his/her doctor in regards to preparation for, and competition in, the Senior Games or any similar activity. Please inform NRSRG at the time of any change(s) in your medication or health status.

- If none of the following applies to you, write "none" in each space.
- Your doctor's phone number must be listed.

1. List any specific medical conditions or health concerns:

2. List any medications you are currently taking:

3. List any medications to which you are allergic and/or any other allergies:

Name of Personal Physician: _____ Phone # (_____) _____

Emergency Contact (must list at least one person)

Name	Relationship	Phone Number (_____) _____
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Name	Relationship	Phone Number (_____) _____
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COVID Athletic Adaptations

Activity

Adaptation

Basketball Shooting	<ul style="list-style-type: none"> • Spectators must maintain social distancing and wear face covering • Participants encouraged to bring their own basketballs • Staggered report times • NRSG equipment/balls to be sanitized between use by volunteers
Bocce	<ul style="list-style-type: none"> • Spectators must maintain social distance of 6 ft. • One match per court only • NRSG bocce equipment sanitized between matches • Each participant will get their own pallina
Cornhole	<ul style="list-style-type: none"> • No spectators • Participants are encouraged to bring their own regulation bags • Participants must wear face coverings • One match per court only
Croquet	<ul style="list-style-type: none"> • Spectators, participants & volunteers must maintain social distancing • NRSG mallets and balls sanitized between matches • Participants and volunteers must wear face coverings
Football & Softball Throws	<ul style="list-style-type: none"> • Sanitize NRSG equipment between participants • Spectators, participants & volunteers must maintain social distancing • Participants and volunteers must wear face coverings
Horseshoes	<ul style="list-style-type: none"> • Spectators must maintain social distancing • One match per court only • Participants must wear face coverings • Horseshoes sanitized after each match
Pickleball	<ul style="list-style-type: none"> • Spectators must maintain social distancing • Spread out arrival times for various age groups • Participants must wear face coverings except when playing
Swimming	<ul style="list-style-type: none"> • Limit locker room access to small numbers • Stretch out meet to reduce people in the area at one time • Visible markers on the floor to indicate appropriate spacing • Swimmers are not to arrive prior to their start time
Tennis	<ul style="list-style-type: none"> • Spectators must maintain social distancing • Participants will keep their own score • Spread out match times



At present, Silver Arts recognizes four broad categories, each with several sub-categories. First and second place winners in the Literary subcategory will be eligible for the NC Senior Games Finals. First, second and third place winners in the Visual and Heritage sub-categories will be eligible for the NC Senior Games Finals. North Carolina Senior Games Finals awards, first, second and third place in each sub-category of these arts.

One overall winner in the Performing Arts category will also be eligible for the North Carolina Senior Games Finals and able to compete for first, second and third place awards. **The Neuse River Senior Games awards first, second, and third place in all the sub-categories.**

Guidelines

- All persons entering Silver Arts must be 50 years of age or better and registered as a Neuse River Senior Games participant.
- Entries must be original works of the artist; must be a work created after the artist is age 50 or better and have been completed within two years of the Neuse River Senior Games registration deadline.
- **Complete Silver Arts information is available at www.ncseniorgames.org**

The Neuse River Senior Games and the North Carolina Senior Games State Finals have the right to refuse or remove any or all entries that are deemed obnoxious or repulsive in character.

Heritage & Visual Arts

Limit: Only ONE entry is allowed in each sub category. Grouped sets may have NO MORE THAN three items in that set.

Details: The Heritage and Visual Arts competition will be judged by photos of the entries. SilverArtists will register via Torch 1.0 or paper registration via the registration packet. Additional entry photos may also be submitted via email to akendall@cravencountync.gov. For online registration in Torch 1.0, one photo is required when registering. For paper registrations, photos should be included with registration. One photo of each entry will be included in the online SilverArts Showcase Gallery.

- Art work, except sculptures, can be no larger than 36" x 42", including matting and frame.
- Master studies are accepted.
- The art piece must be an original work, not print, and the artist's name and title of entry must appear on or be attached to the entry for identification.
- The artist must send a photograph of the entry with the State Finals Entry Form and Silver Arts Information Form when entering the State Finals.
- Heritage art entries must be original work and the work of the individual and not a group effort.

Awards: 1st, 2nd or 3rd place in a sub-category will qualify for State Finals. Winners will be announced through social media as well as the Craven County Recreation and Parks website on Friday, April 23. Medals will then be mailed to winners or available for pick up at the Craven County Recreation and Parks office.

All photos must be received by **Monday, April 19.**



Literary Arts

Limit: Only ONE entry is allowed in each sub category.

Details: An original and two copies of the entry and the SilverArts Information Form must be enclosed with Registration. Online registrations require a PDF attachment. Entries may also be sent virtually to the Local Coordinator at akendall@cravencountync.gov.

- Poems can be no longer than 40 lines.
- Short stories (fiction), essays (not autobiographical), articles, life experiences can be no longer than 8 pages double-spaced with a 1" margin on all sides. Entries must have a title page which includes the title of the work, sub-category, and artist name.

Awards: 1st or 2nd place in the sub-category in a Local Games qualify. Winners will be announced through social media as well as the Craven County Recreation and Parks website on Friday, April 23. Medals will then be mailed to winners or available for pick up at the Craven County Recreation office.

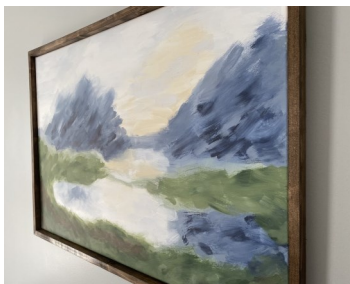
All entries must be received by **Monday, April 19**.

General Submission Guidelines

- Take photos in a well-lit area
- Take photos against a black, white, or otherwise neutral background
- "Front" photo should always include the **WHOLE** piece in the photo, and be as straight on as possible
- If your piece is framed, include the whole frame in the "front" photo of your piece
- If your piece is framed behind glass, try to reduce glare and reflection on the glass
- 3D entries: All Heritage Art categories, and Visual Art categories Mixed Media, and Sculpture can submit up to six (6) photos (including a front photo, a birds-eye-view photo, detail photo, bottom and photos of all sides if applicable)
- 2D entries: All Visual Art categories **EXCEPT** Mixed Media and Sculpture can submit up to three (3) photos (3 photos are recommended, including a front photo, side photo, and detail photo)
- Sample photos:



Front Photo



Front Photo



Detail Photo

Thank You to our Sponsors!

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Mr. David E. Herndon
Oscar's Mortuary
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The Insurance Center
Town of Hookerton
Woodmen Life (World)



North Carolina
Senior Games

This program is sanctioned by North Carolina Senior Games Inc. NCSG is sponsored statewide by the North Carolina Division of Aging and Adult Services. For more information on North Carolina Senior Games, please visit www.ncseniorgames.org.

Mail to:

Neuse River Senior Games
1821 Old Airport Rd.
New Bern, NC 28562

Neuse River Senior Games

&

Silver Arts



April 19 – May 7, 2021

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Division of Aging and Adult Services.*